

SWIMMING CONSENT FORM

Please sign this consent form and fill out the registration portion on the back of this page. Detach and mail this portion, along with the registration fee to:

Creative Me! Gymnastics
871 Seven Oaks Blvd., Suite 210
Smyrna, TN 37167

Please read the rules and information carefully. **YOUR SIGNATURE BELOW ACKNOWLEDGES YOU HAVE READ AND UNDERSTAND THEM.**

I/we, _____,
the parent(s) of _____,
hereby give my/our approval for my/our child to participate in the Creative Me! Swim program and hereby waive all claims against Missy Rollins and Creative Me! Gymnastics, or any agents or employees there, for any injury suffered by my/our child in connection with swimming lessons and the facility. I/we understand possible risks include, but are not limited to: physical problems associated with pool chemicals, slippage around the pool, and even drowning.

Parent signature Date

Is your child allergic to bee stings?
Yes____ No____

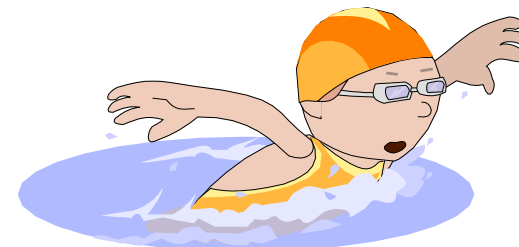
Please list any physical or mental conditions we should be aware of with your child: _____

Sessions are 50 minute daily classes held Monday thru Friday for two (2) weeks. Weather related makeup classes will be on Saturdays.

Session 1	June 7-June 18
Time	Level
12:00-12:50	1
1:00-1:50	1+
2:00-2:50	2
3:00-3:50	1
4:00-4:50	1+
5:00-5:50	1
6:00-6:50	1+

Session 2	July 5-July 16
Time	Level
12:00-12:50	2
1:00-1:50	1+
2:00-2:50	1
3:00-3:50	1+
4:00-4:50	1
5:00-5:50	1+
6:00-6:50	1

Creative Me!



Swimming

Quality swim lessons since 1997.
Available for children ages 4 & up.

Creative Me! is known throughout the area for the highest quality lessons and customer service. Swim instructors are Red Cross Water Safety Instructors. We invite your child to learn to swim where trust and safety is emphasized!

1. The Creative Me! Philosophy is to teach swimming in a fun, safe environment and to raise the child's self-esteem. With positive reinforcement, personal attention and an award program that spells success, children feel good about themselves as they pass from level to level while learning to swim confidently.

2. A very small student to teacher ratio is kept to insure excellent teaching procedures and to expedite learning.

3. Each child receives a skills check-off list that shows what techniques were mastered during that session and which skills need work.

Missy Rollins, Owner

871 Seven Oaks Blvd. Suite 210
Smyrna, TN 37167

Phone: 615.459.5512

E-mail: cmegym@aol.com

www.cmegym.com

Swim Level Progression

Level 1 – For children who have not experienced the water without using flotation devices. This class will cover introduction to the water, face under water, correct breathing, front and back kicking, and floating.

Level 1+ - For children who have had Level 1 or a similar swim class, who open their eyes under water, and who can float on their tummy and back without help. In this class the children will focus on gaining confidence to swim independently and the full freestyle stroke (arms and legs).

Level 2 – For children who are able to swim 5-10 feet independently. In this class we will build endurance and begin rotary breathing while refining the freestyle, backstroke, and elementary backstroke.

SWIM LESSON INFORMATION

Every swimming class will have a certified WSI instructor and additional lifeguard.

To enroll, your child must be at least 4 years of age.

The cost is \$130.00 per session per child for gym members and \$145 per session per child for non-members. To register, you must send the completed registration form from this brochure and the fee in advance. NO registration will be accepted without payment. The lesson fee is non-refundable. (Only exception is illness with Doctor's note)

The maximum number of students in each class is seven (7). I will fill classes as I receive forms and payment.

POOL RULES

Please arrive 5 minutes prior to class time.

1. Always assume class is in session. If you are unsure, please call 459-5512.
2. Children should come dressed in swimsuit and have their own towel.
3. Parents must leave once your child's class begins. If you wish to stay, you must stay either on the front porch or in your car. If you choose to stay, you must park in the driveway – **NO ROAD PARKING**. You will be allowed to observe on Fridays.
4. No credit is given for missed classes. Classes canceled due to weather will be made up on Saturdays.
5. Children **must not** enter fenced area until the instructor opens gate. No children will be allowed in the pool area unsupervised.
6. Children with open sores or rashes are **not** permitted in water in accordance with Tennessee State Health regulations.
7. Chewing gum and candy are prohibited.
8. Water wings and other flotation devices are prohibited.
9. Proper swim attire is required. Cut-offs and disposable diapers are **not** permitted.
10. Please inform me of any medical conditions such as diabetes, epilepsy, ear tubes, or any physical or mental disabilities prior to the start of lessons.
11. **NO SMOKING.**
12. **NO BANDAGES/BAND-AIDS IN POOL.** Band-aids must be removed prior to lesson.
13. If your child needs ear plugs, they must be the molded type or a headband worn over the ears. Wax will not be allowed.

Please read these rules carefully. Thank you for your cooperation.

SWIM REGISTRATION FORM

Name _____

Age _____ Date of Birth _____

Sex (circle) M F

Session request _____

Time request _____

Level request _____

Parents' name _____

Address _____

City _____ Zip _____

E-mail _____

Phone _____ Cell _____

Emergency/Other _____

IMPORTANT: Do not forget to read and sign the consent form on the back of this registration form. Your child will NOT be registered unless the consent form is signed! After you have filled out both sides, detach and mail this portion to Creative Me! Gymnastics along with your registration fee.

Note: Your confirmation, class time, and directions to the pool will be sent via email by May 1st.

Please do not call for your confirmation.

Thank you! Mrs. Missy